

EVENT MEMENTO GUARANTEED TO PRE-REGISTERED RACERS.

ALL RACES ARE HELD RAIN OR SNOW OR SHINE.

THIS IS MOUNTAIN BIKE RACING AT ITS BEST!

Sign up to icupracing on twitter for real-time race information and follow the Intermountain Cup on Facebook.

<http://www.wrh.noaa.gov/slc/current/meso.wfrnt.php> for weather at 5-Mile Pass

INTERMOUNTAIN CUP - RACE # 3

RACERS CYCLE SERVICE PRESENTS:

18TH ANNUAL

SHOWDOWN AT 5-MILE PASS

Saturday, May 5, 2012

LEHI, UTAH

www.intermountaincup.com or icupracing@yahoo.com

FAST, FUN COURSE THAT IS PERFECT FOR

EARLY SEASON RACING

- ROLLING HILLS & PLENTY OF ROOM FOR PASSING
- COURSE LOOPS THROUGH START/FINISH AREA.
- RACE SPONSORED BY: RACER'S CYCLE SERVICE,
159 W. 500 N., Provo, UT 801-375-5873.
- 18TH ANNUAL SHOWDOWN AT 5-MILE PASS!!

RACERS CYCLE SERVICE EVENT SCHEDULE

Saturday, May 5

7:30 AM -9:30 AM Registration at race site.
9:00 AM 9 & Under and 10-12 Start
9:45 AM Racer Meeting for all other racers.
10:00 AM Cross Country Race Start

Early Mail-in Registration- by April 30

Kids can still race for \$20 and adults for \$31 when signing up for 4 or more races at once! *

\$34, 12 & Under - \$23

Pro Men & Women - \$43.

Day-of Registration

\$40.00, 12 & Under - \$28.00, Pro - \$49.

On-Line Registration open until 6 PM on May 1

- Discounts apply to mail-in entries only.

COURSE DESCRIPTION: This 11-mile loop is marked with arrows and flagging. CHECK THE MAP ON THE BLM ANNOUNCEMENT BOARD OR AT Racer's Cycle at 159 W. 500 N. in Provo. This fun rolling XC course is on the south side of Highway 73 and loops through the start/finish area on every lap.

CAMPING AT RACE SITE, no services.

LODGING: Super 8, Lehi, Utah – 801-766-8800

Bike race special is \$55 + tax for a 1-bed room.

Located just west of I-15, Exit 279.

HOW TO GET THERE: Take I-15 to Exit 279 (Lehi) and go west on Highway 73 for 23 miles. At approximately mile marker 17 you will see a large parking area on the north side of the road. This area is the Five Mile Pass OHV Park. Park on the south side of the road.

WEATHER AT 5-MILE PASS: <http://www.wrh.noaa.gov/slc/current/meso.wfnt.php>

Call RACER'S CYCLE SERVICE
801-375-5873 for instructions or

Visit Racer's Cycle Service at
159 W. 500 N. in Provo, Utah.

Showdown at 5-Mile Pass, Saturday, May 5, 2012
Race # 3 of the Intermountain Cup Mountain Bike Racing Series

START TIMES

(Times and distances are subject to change)

CATEGORY	TIME	LAPS	DISTANCE
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12 & Under Racer Meeting 8:55 AM

10-12 year olds	9:00 AM	3	about 4.5 miles
9 & Under	9:01	1	about 1.5 mile

Racer Meeting & Staging 9:45 AM

Pro Men	10:00 AM	4	43 Miles
Expert Men 30-39	10:01	3	32
Expert Men 19-29	10:02	3	32
Expert Men 40+	10:03	3	32
Pro Women	10:04	3	32
Expert Women	10:04 AM	2+12*	23.5

Single-Speed	10:06	2+12*	23.5
Men 50+	10:07AM	2	22
Sport Men 30-34	10:08	2	22
Sport Men 35-39	10:09	2	22
Sport Men 19-29	10:10	2	22
Sport/Expert 16-18	10:11	2	22
Sport Men 40 +	10:12	2	22
Men 57+	10:13 AM	1+12*	12.5
Sport Women	10:14	2	22
Beginner Men 19-29	10:16 AM	1	11
Beginner Men 30-39	10:17	1	11
Beginner 16-18	10:18	1	11

Beginner Men 40+	10:19	1	11
Clydesdale	10:20	1	11
Women 35+	10:21 AM	1	11
Beginner Women	10:22 AM	1	11
Sport/Expert 13-15	10:23	1+12*	12.5
Beginner 13-15	10:23	1	11

*** 12 stands for a 12-&-Under lap. This will come after the big laps.**